Information for health professionals

for 24 hour support please call
1300 308 307
for more information visit our website
rednosegriefandloss.com.au
Bereavement Support Services
Supporting any person affected by the sudden and unexpected death of their baby or child at any time during pregnancy, birth, infancy and childhood.

The range of services we offer include:

Counselling
Bereavement counselling by qualified professionals is available to individuals and families, by phone, face to face, or online. There may be a charge for these services in some regions.

24 Hour Bereavement Support Line
1300 308 307
Red Nose through qualified clinicians and trained volunteer peer supporters provide support and information to anyone impacted by the death of a baby or child. This service is available 24 hours a day, 365 days a year.

Peer and Family Support
Parents who have previously experienced the death of their baby or child are actively involved in providing support to bereaved families. Red Nose trained Peer Supporters are available to talk with bereaved parents, family members and friends by phone, face to face or online.
Support Groups
A range of regular support groups facilitated by qualified staff and peer support volunteers provide an opportunity for anyone impacted by the death of a baby or child to share experiences and support one another in a safe and caring environment. We offer information sessions, workshops and groups with a specific focus, such as stillbirths, subsequent pregnancy, SUDI, termination and men’s groups. Please refer to our website for details, rednosegriefandloss.com.au

Support Literature
Red Nose in conjunction with bereaved parents, families and health professionals has developed a variety of booklets and articles relating to different aspects of grief. These are available on our website and subjects include:

- Miscarriage
- Choices in arranging a child’s funeral
- Sudden Unexpected Death of an Infant (SUDI) - including SIDS
- Stillbirth
- Medical termination
- Having another baby
- Grandparent grief
- Sibling grief
- Relationships
- Men’s grief

Newsletter
Red Nose provides a regular bereavement support newsletter which provides bereaved parents, family and friends the opportunity to celebrate the life of their child, however brief it may have been. This newsletter also provides updates on the work of Red Nose and upcoming groups and events.

Health Promotion and Community Education
Education focused on bereavement and its impact on families is also provided to health professionals, community groups, workplaces or family support networks to assist in supporting bereaved families. To find out more please call the Bereavement Support Line, 1300 308 307.

Library
A library of support literature is available for bereaved families including books and DVDs. These can be accessed through our website or by calling the bereavement support line, 1300 308 307.
Treasured Babies’ Program
Available to some maternity hospitals this program provides memorial items for families whose baby has died in the perinatal period. The packs contain specially designed and appropriately sized garments and other memorabilia. This can reduce some of the stress at a time that is already very difficult.

Bereavement Support Services

What we offer

• Counselling
  Face to face, phone, online

• 24 Hour Bereavement Support Line
  1300 308 307

• Peer Support
  Provided by people with lived experience

• Support Groups
  Range of options and locations available

• Grief and Loss Website
  Support for parents, families, and professionals

• Online Support Forum
  Connect to a national network

• Support Literature
  Booklets, Newsletter, Library

• Health Promotion and Community Education

• Treasured Babies’ Program
  Clothing and memorial packs

• Remembering Ceremonies and Social Gatherings

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For further information or to access Red Nose Grief and Loss Services
email support@rednose.com.au
visit rednosegriefandloss.com.au
How we can help

Anyone impacted by the death of a baby or child faces a number of challenges unique to this situation often making difficult decisions at a time of great shock and distress.

Early contact with Red Nose Bereavement Support Services can provide those impacted by the death of a baby or child with support and information to assist through what is a difficult period. For support and information please call 1300 308 307 or visit our website rednosegriefandloss.com.au

Red Nose Grief and Loss appreciates each individual’s needs are different and our Intake and Assessment staff work with families to understand their needs and link them with the appropriate services to support them during their grief journey.

Red Nose Grief and Loss provides a range of support services and ongoing care for anyone impacted by the death of a baby or child during pregnancy, birth, infancy, and childhood. This includes:

- Miscarriage
- Ectopic pregnancy
- Medical termination
- Stillbirth
- Neonatal death
- Sudden and unexpected death of a child
- Accidental death
- Death of a child from any cause

We also provide evidence-based community education and health promotion programs, support world-class research and advocacy, and raise funds in the community to support our work.
### Office Locations

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<thead>
<tr>
<th>Region</th>
<th>Location</th>
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<tbody>
<tr>
<td>Victoria</td>
<td>Melbourne 3008</td>
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<tr>
<td></td>
<td>Geelong 3220</td>
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<td>Lilyfield 2040</td>
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<td>Mount Gravatt 4122</td>
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<tr>
<td>Western Australia</td>
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for more information visit our website


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email support@rednose.com.au

visit [rednosegriefandloss.com.au](http://rednosegriefandloss.com.au)

Red Nose Grief and Loss was formerly known as SIDS and Kids